

The grog brain story

(2009)

Type: Flipchart

Description:

This resource is part of a series that also includes the following flipcharts:

- the gunja (yarni) brain story
- the mental health brain story
- sniffing and the brain
- when boys and men sniff
- when girls and women sniff

It uses plain English language and informative images to provide straightforward and clear information about:

- how a healthy brain and nervous system work
- the effects of alcohol (also known as grog) on the brain, nervous system and lifestyle
- addiction
- how and why alcohol treatment programs work

When to use this resource:

This flipchart is designed for use by health professionals, community workers, educators, Aboriginal Health Workers, Aboriginal Mental Health Workers, drug and alcohol workers, students and community members. It can be used to accompany an alcohol treatment program, or as an educational resource. It is for use with Indigenous people in urban, rural and remote settings.

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